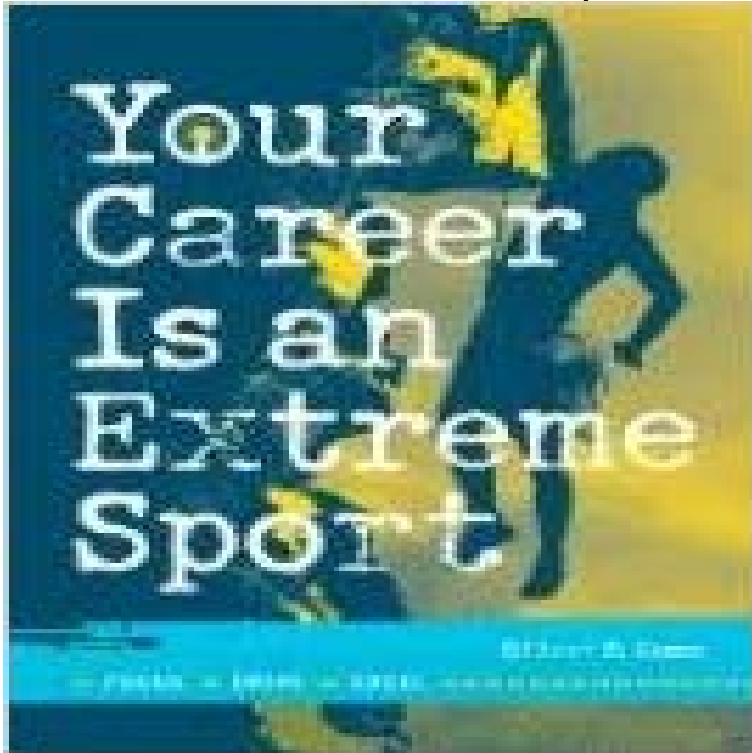


Your Career Is An Extreme Sport: Focus, Drive, Excel



This guide shows readers how to apply the principles of extreme sports, such as drive, stamina, flexibility and guts, to achieve success in their chosen careers. Today's workplace demands a bungee cord, not a parachute. Forget the old rules of joining a company, plodding along, collecting an annual four percent raise and the occasional promotion. Today's workers are free agents on a fast track, if they want a gold Rolex they'll buy it themselves, not wait for it as a retirement present. It is an adrenalin-charged anecdote to methodical, touchy-feely career books.

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