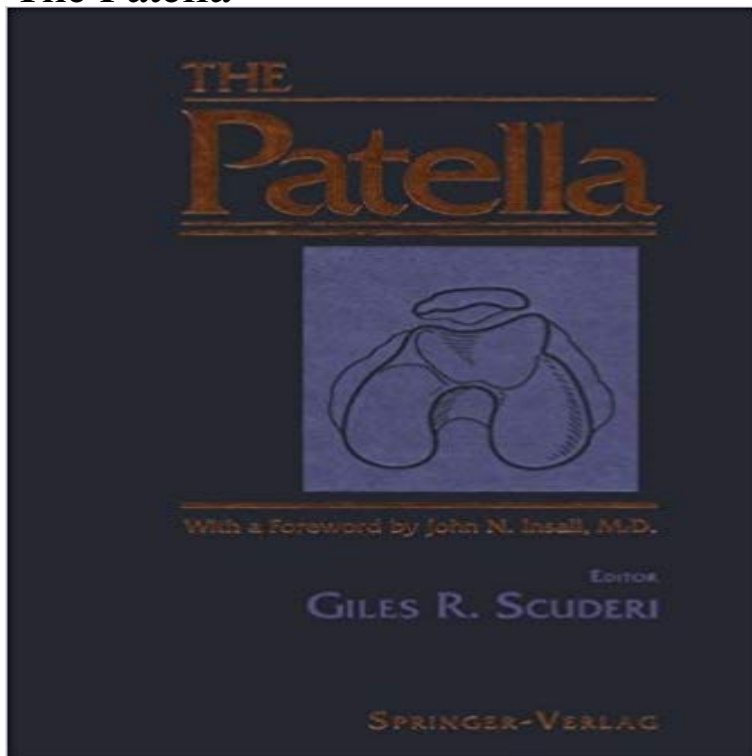


# The Patella



The problems of the patellofemoral joint remain a challenge to the orthopaedic surgeon. In spite of many articles in scientific journals, an outstanding monograph, and several excellent textbook chapters, the patella is still an enigma in many respects. The etiology of patellar pain is controversial, and there is no completely satisfying explanation for its cause or its relationship to chondromalacia. Curiously, neither the widespread use of arthroscopy nor the advent of newer diagnostic tests such as CT scanning and magnetic resonance imaging have cast much light. Without a better understanding of why patellar disorders occur it is not surprising that there is no consensus on how to fix them. Arthroscopy has contributed little except to the patients psyche. The currently most popular surgical treatment for recurrent dislocation of the patella was first described 50 years ago. One concrete advance, albeit a small one, is a better understanding of the role of anatomical abnormalities and patellofemoral dysplasia in patellar instabilities. It gives me great pleasure that many of the contributors are, like Dr.

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**Patella Taping Video Demonstration - Virtual Sports Injury Clinic** The patella is the kneecap bone. It lies within the quadriceps tendon. This large tendon from the powerful thigh muscles (quadriceps) wraps round the patella **Patellar Ligament Function, Anatomy & Diagram Body Maps Images for The Patella** Chondromalacia patella is caused by an abnormal breakdown of the cartilage that lines the underside of the kneecap. The kneecap bone is **Patella (The Knee) - Boundless** The patella (/p??t?l?/), also known as the kneecap or kneepan, is a thick, circular-triangular bone which articulates with the femur (thigh bone) and covers and protects the anterior articular surface of the knee joint. **Patella Radiology Reference Article** The Insall-Salvati ratio or index is the ratio of the patella tendon length (TL) to

the length of the patella (PL). Insall-Salvati ratio This can be measured on a lateral **Patella - Anatomy of Kneecap Kenhub Patellofemoral Arthritis-OrthoInfo - AAOS** Patellofemoral pain syndrome is a broad term used to describe pain in the front of the knee and around the patella, or kneecap. It is sometimes called runners **Patellar (Kneecap) Fractures-OrthoInfo - AAOS** Arthritis of the knee is a leading cause of disability in the United States. Patellofemoral arthritis affects your kneecap (patella bone). It causes pain in the front of **Patella Tendonitis (Tendinopathy) - Physio Works** Chondromalacia patellae, also known as runners knee, is a condition where the cartilage on the undersurface of the patella (kneecap) **Chondromalacia Patella: Read About Treatment - MedicineNet** Tendons are strong cords of fibrous tissue that attach muscles to bones. The patellar tendon works with the muscles in the front of your thigh to straighten your **Patella Define Patella at** The majority of patellar dislocations occur in females, especially targeting teenage girls. Literature shows, depending on the study that 30-72% of patellar **Patellar Tendon Tear-OrthoInfo - AAOS** Read about chondromalacia patella (patellofemoral syndrome) treatment, diagnosis, symptoms (knee pain), and causes. When the cartilage The patellar ligament is an extension of the quadriceps tendon. It extends from the patella, otherwise known as the kneecap. A ligament is a type of fibrous tissue **Patella Injury Injuries Push Sports Braces** In the 1800s, treatment of patella fractures was controversial. Owing to a lack of adequate fixation techniques, surgical experience, and imaging **Patellar ligament - Wikipedia** Patellar dislocation is an injury of the knee, typically caused by a direct blow or a sudden twist of the leg. It occurs when the patella (kneecap) slips out of its **Patellar Dislocation - Life in the Fast Lane** Taping is a great way of relieving symptoms of patellofemoral pain by helping to control the position of the patella (kneecap). Below we demonstrate two patella **Patella Bone Anatomy Kneecap Anatomy Knee Joint Anatomy** Patellar tendinopathy (or as it is commonly known patellar tendonitis or tendinitis) is an overuse injury affecting your knee. It is the result of your **Insall-Salvati ratio Radiology Reference Article** Learn more about patella (the knee) in the Boundless open textbook. The patella (knee cap) is the bone between the fibula and femur. **Chondromalacia Patella symptoms and treatment** A tutorial on the anterior and posterior anatomy of the patella bone or kneecap using interactive animations and diagrams. **Chondromalacia: Causes, Symptoms & Diagnosis - Healthline** The patella has a triangular shape, with anterior and posterior surfaces. The apex of the patella is situated inferiorly, and is connected to the **Patellofemoral Pain Syndrome-OrthoInfo - AAOS** Patella development has not been documented in detail yet. In order to observe the initiation of the patella, we analyzed histologically the hindlimbs of wild-type **Patellofemoral Pain. Knee Pain Symptoms and treatment Patient** The patellar ligament is the distal portion of the common tendon of the quadriceps femoris, which is continued from the patella to the tibial tuberosity. It is also **Chondromalacia Patella - Healthline** The patella (plural: patellae) is the largest sesamoid bone in the human body. It lies within the quadriceps tendon / patellar ligament and forms part of the knee **Patella - Wikipedia** The patella is a small bone located in front of the knee joint where the thighbone (femur) and shinbone (tibia) meet. It protects the knee and connects the muscles in the front of the thigh to the tibia. **Patella - Wikipedia Patella Bone Anatomy, Definition & Function Body Maps - Healthline** Introduction. The patella (derived from latin means small plate) is a flat, inverted triangular bone, situated on the front of the knee-joint. It is the largest sesamoid **On the development of the patella Development** Overburdening of the muscle and tendon attachments is one of the possible causes for pain around the kneecap or patella. Overloading of the tendon at the **The Patella - Surface Anatomy - Functions - Dislocation** Patella definition, Anatomy. the flat, movable bone at the front of the knee kneecap. See more. **Patellar dislocation - Wikipedia** The patellar ligament is a band of connective tissue that connects the patella, or kneecap, to the tibia. It forms a vital link in the musculoskeletal system of the **Patella - Physiopedia** In this article we discuss the anatomy of the patella and relevant clinical conditions like the patellar reflex. Learn this topic now at Kenhub.