

Aids - A deadly disease and its avoidance

AIDS

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A book by Advocate M.D Rijhwani (Supreme Court) An excerpt from the book, PREFACE When the first case of AIDS was reported in the newspapers in India in 1986 a number of articles started coming in on how the AIDS was caused. I could not follow its cycle of incidence on casual reading. I wondered that if I could not do so easily with my reasonably fair knowledge of forensic medicine gathered during my practice of law what would the layman do. I felt challenged. I started refreshing the study of medicine and read latest books on physiology and pathology and the history of how the scientists had researched and isolated the AIDS causing virus. Finally in association with my friends in medical field specially Dr. Miss Kavita Tilwani who had received training in AIDS prevention in 1996 and was then pursuing her post graduation in gynaecology and has since graduated, Dr. Ram S. Bijlani, my personal physician, and Dr. Narain D. Chhabria, who died a few years ago in an unfortunate tragic accident, an eminent surgeon and professor, I came out with a book on prevention of AIDS. Dr. Daulatrao Ahir the then Minister of Health, Maharashtra, released it for publication on the 1st day of December 1997, the World AIDS Day. In my address to the congregation of doctors and others present at that time I had said that I always carried a chit in my pocket in bold letters expressing my wish that whenever I met with an accident and bled profusely and required transfusion of blood, I should be left alone to die rather than being transfused with the blood of strangers which may have nevertheless been screened and certified to be HIV negative. In this second edition I have weeded out the matter rendered superfluous by the ever-growing awareness about AIDS and, wherever possible, replaced the technical with plain words. I have also added the information relating to the

research in development of vaccines and the statistics on the prevalence of the HIV/AIDS worldwide and rewritten the whole text making it easier on the eyes and mind of the reader. The book is divided in three parts. Part 1 deals with the main theme of causation and prevention of HIV infection, Part 2 with the statistics of prevalence of AIDS in the countries of the world where HIV/ AIDS epidemic is spreading so fast that it has already assumed the character of a pandemic and shows no signs of abating and Part 3 with the drugs supposed to delay the onset of AIDS, their efficacy vis-a-vis their prohibitive cost and mortifying side effects. Finally I cannot resist imprinting the book with my own moralistic view that one should avoid promiscuity as the first and foremost commandment of all religions, which is indeed life- saving in the present situation. To corroborate the point from animal kingdom I am reproducing my poem* here, an allegory on a male frog, evolved as a Living Buddha, who mates only once in his life time giving away all that he has in him making scope for as large a number of his species to come into this world and like him see God in the nature, his life cycle of merely four seasons. A Living Buddha He is one in the spawn Detaches Metamorphoses Into a wriggling form Into an hopping adult Others eaten away By a fish or turtle Stuck in moss, or Tangled in algae. He hibernates To build himself And emerges virile When rains come. He blows his vocal sacs Singing his way to mires and lakes Up unto ovulating mate Amid the galaxy of mermaids. They come together Ejecting lifes force Specks over specks Forming primordial mass. He consumes himself Clasping Squeezing, and Collapsing. What a fine creation this Unminding the law of the fittest surviving He uses up himself Once, For all In gratefulness For the sight of God!

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While prevention of this deadly disease is clearly an appropriate state objective, **Sexual Behavior and HIV/AIDS - Preventing and Mitigating AIDS in** the dangers of AIDS and ways to avoid contracting the deadly disease. Its central section of advice was mainly written by Education Secretary in advising parents and schools to stress total avoidance of premarital sexual **Diseases That Are Still Incurable/How to prevent? - Quora** Enormous advances in HIV/AIDS treatment regimens have fundamentally altered the countries have achieved important success in curbing its transmission. .. avoidance of breastfeeding for HIV-infected mothers to prevent postnatal HIV **Stone age diseases and modern AIDS - NCBI - NIH** HIV/AIDS. On June 5, 1981, a weekly report from the U.S. Centers for of the public, the disease soon made its presence felt among two other sub-groups of the . condoms during intercourse, and avoidance of shared hypodermic needles, **HIV/AIDS Prevention and Treatment - Disease Control Priorities in** [22] People living with HIV/AIDS who increase their use of avoidance coping of HIV/AIDS from a fatal to a chronic and potentially manageable disease. ART is **The making of a germ panic, then and now** This stigma has manifested itself in the form of discrimination, avoidance and fear of people AIDS kills 100% of its victims and puts them through agony before they die. 650 words - 3 pages - -AIDS Acquired Deficiency Disease is a deadly **Rx for Survival . Deadly Diseases . HIV/AIDS** PBS immune system back on, there would be some hope in the fight against AIDS. though their susceptibility to such infections may be gradually increasing with time. immune defence are important and include the avoidance of co-factors, such as been proclaimed by the researchers seeking a cure for this deadly disease. **Social Barriers To Aids Prevention - AIDS -**

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